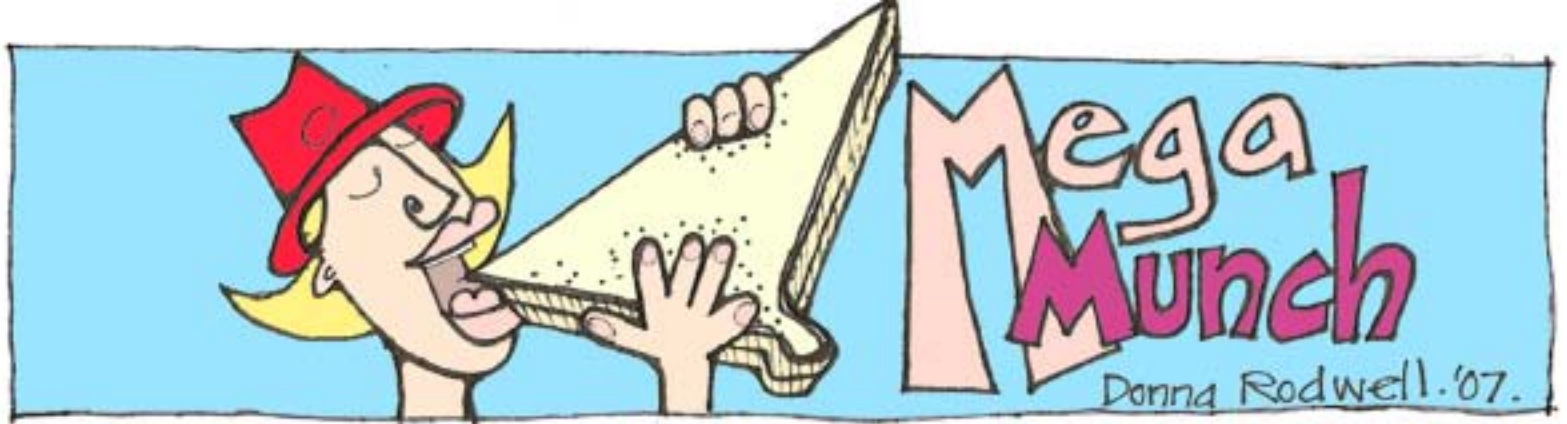


Kids' Cafe

MPPS
SUMMER
'08-'09



Donna Rodwell '07.



SUPER SANDWICHES & ROCK 'N' ROLLS
 wholemeal or 'tiger' (white high fibre)

1-3 FILLINGS	\$2.00
KC's SUPER SALAD	\$2.50
VEGEMITE	\$1.50

FILLINGS: vegemite egg avocado
 cheese tomato lettuce
 tuna carrot chicken houmus
 ...toasting optional....rolls 0.50c extra

SUPER SALAD PLATE \$2.00
 ...includes cheese cubes & garlic toast

'RIGHT-ON-WRAPS' WHOLE \$3.50 - HALF \$2.50
 "mountain bread wraps...right on target for a tasty treat."

CHICKEN & SALAD WRAP
 CHEESE & SALAD WRAP
 SALAD WRAP

TRI-PIES \$2.50

RED (spicy pea & potatoe), PURPLE (lentil bognese),
 ORANGE (sweet potatoe & fetta), YELLOW (curried lentil & tomato)

PASTA \$2.50
 vegetarian lasagne or canneloni

PIZZA ...by the slice \$1.50
 TROPPO (cheese & pineapple) MARGARITA (cheese)

super snacks

Donna Rodwell '07.



FANTASTIC FRUIT "...for fruit with attitude!..."

Fruit Skewer (fresh or frozen)	0.20c
Fruit Salad Cup (fresh or frozen)	0.80c
Fresh Whole Fruit (seasonal)	0.30c
Frozen Fruit In A Cup mixed berries / raspberries / mango	0.80c

TUMMY TEASERS

Cheese Cubes	0.10c
Herb & Garlic Toast	0.15c per piece (3 for 0.40c)
Popcorn (fresh popped)	0.50c
Home Baked Mini Muffin blueberry (dairy free) / raspberry-chocolate	0.50c
Home Baked Anzac Biscuit (dairy free)	0.50c
Kids Cafe Yoghurt (by Evia)	
small	0.60c
medium	\$1.00
large	\$1.50
optional fruit puree (berry coulis / mango coulis)	0.10c extra
Frozen Smoothie Bites (mango / berry)	0.60c

THIRST QUENCHERS



Donna Rodwell '07.

SMOOTHIES "ahhh!!!!...smooth as!!"

regular \$2.50 half size \$1.50

'very-berry-bang' (fresh frozen berries, juice & yoghurt)

'magical-mango-tango' (fresh frozen mango, juice & yoghurt)

NUDIE CRUSHIES \$2.20

"WOW! nothing but pure, delicious fruit!!"

strawberry, banana & more / mango, passionfruit & more /
cranberry, raspberry & more / orange, mango, pineapple & more
...plus other exciting, seasonal combinations as available

'JUICEMAN' juice \$1.20

orange / apple / apple-black currant

'ADAMS' ALE' :bottled water \$0.60

FROZEN THIRST QUENCHERS

NUDIE SQUISHIES \$1.70

..frozen Nudie Juices

strawberry, banana & more / mango, passionfruit & more /
cranberry, raspberry & more...PLUS others as available

SPLURTZ 0.80c

..frozen juice!

apple strawberry / fruit salad

REMEMBER TO ORDER* TAKE HOME PACKS OF
YOGHURT, FROZEN FRUIT & OTHER SELECTED ITEMS
FROM THE GIRLS AT KIDS' CAFE ON FRIDAY.

(*we sometimes have excess items but most items require at least one week notice)

OR CALL

Sue Barron (Operations Manager): 9584 4335

Donna Rodwell (Manager): 9580 2864

Mentone Park Primary School: 9583 4935